Sharon Ilstrup specializes in Leadership and Career Coaching.

Through her coaching, she partners with emerging leaders of rapidly growing tech companies, who are dedicated to creating a thriving future for global business, while at the same time struggling to meet the uncertain and rapidly changing world within their organizations, their teams and the systems they lead.

Sharon serves as a guide to her clients, helping them find clarity around brand, build strategic plans around their vision and create action steps that will enable the leader to make a meaningful impact on their team and organization.

At Coppei Collective Sharon works with new hires in Marketing and Consumer Business guiding the onboarding experience and supporting her clients as they transition into a new career.

EXPERIENCE & TRAINING:

Sharon draws on over 20 years of experience in human resources and operational leadership roles for tech and biotech organizations – Oracle, Adobe, Genentech and Yahoo! as well as many high-tech startup companies in Silicon Valley, where she partnered with individuals, leaders and high caliber teams to build brand and business strategy. Most recently, Sharon has leveraged her leadership expertise as Managing Director of a non-profit in the education sector.

After college, where she studied business administration with an emphasis on hotel management, Sharon went on to open 4 luxury hotels working with people from all over the world, building and managing teams from pre-opening and beyond.

Sharon holds ACC accreditation from International Coaching Federation, along with Co-Active Coaching Certification through CTI.

**Trainings and Workshops Conducted:**

* Leadership Circle Profile (360)
* Leadership Culture Survey
* Designing Your Life
* Playing Big Facilitator’s Course – Practical Wisdom for Women who want to Speak up, Create and Lead

Leadership today: Leaders must achieve a higher level of awareness and consciousness to build and lead dynamic teams that can thrive amongst uncertainty, risk, and change.

What clients say about Sharon:

Sharon’s grasp of the challenges leaders face is critical in helping leaders understand their strengths and limitations. The work she did with Leadership Circle Profile brought fundamental issues to the surface instantly and allowed me to see what was working, what was not, and why.

She took our disconnected team and helped us clarify our vision so we could finally all be on the same page, headed in the same direction.

I feel more confident in my ability to advocate for myself, get through touch situations, overcome any challenge and make the best of what I have. Most of all, I was able to be more reflective and feel more confident in myself and my work.

I enjoyed having Sharon as my coach this year. It was literally one of the biggest highlights of this great first year at Microsoft.

Our coaching sessions really helped me understand how to approach challenges and identify what my strengths are and what I can improve on. I gained new insights about my core values and how they align with my work at MS.

When she’s not coaching, Sharon enjoys spending time with her husband (a technology attorney) and her two grown kids, training, taking classes, travelling, being active, doing anything on, in or near the water. Sharon is also a Certified Stand Up Paddle Board Instructor and has taught people age 6 – 76.